

# PEX 445/740

## Seminar in Adapted Physical Education

### Syllabus

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## Course Description

An in-depth study of problems as they relate to procedures, practices, organization, and administration in adapted physical education. Remediation of problems through IEP maintenance, appropriate curricular planning, activity selection, and instructional techniques. The primary focus of this course will enable the upper level adapted physical education student to understand various issues and trends in adapted physical education. Areas discussed include law, philosophy, placement, service delivery, modification techniques, advocacy, and curriculum in adapted physical education.

## Course Learning Outcomes

Upon completion of this course students will be able to:

1. Critically analyze internet resources for adapted physical educators.
2. Modify a minimum of three activities and/or sports for individuals with mild to severe disabilities.
3. Develop modification equipment for common physical education activities.
4. Analyze current issues and trends in adapted physical education including placement, transition, paraprofessionals, and legal discrepancies.
5. Demonstrate knowledge in the areas of law, assessment, instruction, and advocacy in adapted physical education.
6. Reflect on and discuss the role of interpersonal skills in the field of adapted physical education.
7. Generate, experience, and discuss modification strategies to facilitate success of students with disabilities in the physical education setting.

## Evaluation/Course Requirements

Assignment	Brief Description	Points/Perc.	Learning Outcomes Met (#)
<b>APE Improvement Project</b>	Identify two areas for growth as an APE teacher. Design a small project to demonstrate your growth. Complete the project and submit your work and a reflection.	50/18%	1, 2, 3, 5, 6, 7
<b>Derber Project</b>	After reading Part 1 of your Charles Derber Book, complete two conversational analyses without the awareness of those you are observing. Document the support and shift responses stated in the conversation. Make comments on the strength of the response (background acknowledgement, supportive assertion, or supportive question). Reflect on your observations. Include reflection on your data, types and levels of responses, and <b>how this topic is applied to adapted physical education (but not to student interaction)</b> . This reflection can be in any format you choose (paper, videorecording, podcast, presentation)	25/9%	6
<b>Adapt-A-Bag</b>	You are to develop a bag with quick helpful objects to aid in modifications of activities for individuals with disabilities. A list of these items, along with a brief description of how they can be used in APE for modifications will be submitted.	15/6%	2, 3, 7
<b>Visual Impairment/Low Incidence Activity</b>	You will present an activity for students with severe disabilities or a visual impairment. You will place this activity within the framework of a curriculum model and link it to a description in a class google document. We will	25/9%	2, 3, 7

	record your presentation and link it to the Low Incidence YouTube Playlist.		
<b>Open Educational Resource Project</b>		25/9%	1, 5
<b>Assignments</b>	Assignments and expectations will vary.	75/27%	1, 4, 5
<b>Final Exam</b>	You will take an online, open book, timed exam on the content covered in class this semester.	60/22%	1, 2, 4, 5, 6

## Required Course Materials

**There is no required text for this course. The following books are recommended:**

*Strategies for Inclusion.* Lauren Lieberman & Cathy Houston-Wilson

*The Pursuit of Attention: Power and Ego in Everyday Life.* Charles Derber (any edition)

*Physical Education for Children with Moderate to Severe Disabilities.* Grenier, M. & Lieberman, L.

## Technology Guidelines

This course requires posting of work online, that is viewable only by your classmates. None of the work submitted online will be shared publicly. Some assignments require account creation for online programs. Your academic records (grades, student IDs, personal identification information) will not be shared by the instructor of this course. Confidentiality of student work is imperative, so you should not share the work of your peers publicly without their permission. By participating in these assignments you are giving consent to sharing of your work with others in this class and you recognize there is a small risk of your work being shared online beyond the purposes of this course. If you elect to not participate in these online assignments due to confidentiality concerns then an alternate assignment will be offered to you.

**Cell phone usage:** The following guidelines applies to the three class meetings. Research supports that having visual access to a cell phone diminishes our ability to learn. Checking social media, texts, emails, and messages is unprofessional and disrespectful to our class community. Please turn off your phone during class; I will do so as well. If I notice that you are using your phone during class I may ask you to share what you are researching or ask you to put it away. Thank you for following these guidelines as they help create a positive learning community.

## Inclusivity Statement

It is my intent that students from all diverse backgrounds and perspectives be well-served by this course, that students' learning needs be addressed both in and out of class, and that the diversity that the students bring to this class be viewed as a resource, strength and benefit. It is my intent to present materials and activities that are respectful of diversity: gender identity, sexuality, disability, age, socioeconomic status, ethnicity, race, nationality, religion, and culture. Your suggestions are encouraged and appreciated. Please let me know ways to improve the effectiveness of the course for you personally, or for other students or student groups.

## Learning Styles

In recognition that each person learns and retains in individual and distinct manners, instruction will vary in methodology in an attempt to accommodate all learners. This includes hands-on activities, lectures, written assignments, discussions, and individual and group work. This instructor welcomes your input if you do not feel your learning style is being accommodated. There is a discussion board on D2L titled Concerns and you can post

your concerns there anonymously. Or please note that the instructor is very welcoming and would even prefer an office visit or phone call to discuss concerns.

## Netiquette

Netiquette is a set of rules for behaving properly online. Your instructor and fellow students wish to foster a safe online learning environment. All opinions and experiences, no matter how different or controversial they may be perceived, must be respected in the tolerant spirit of academic discourse. You are encouraged to comment, question, or critique an idea but you are not to attack an individual. Working as a community of learners, we can build a polite and respectful course community.

The following netiquette tips will enhance the learning experience for everyone in the course:

- Do not dominate any discussion.
- Give other students the opportunity to join in the discussion.
- Do not use offensive language. Present ideas appropriately.
- Be cautious in using Internet language. For example, do not capitalize all letters since this suggests shouting.
- Popular emoticons such as 😊 or / can be helpful to convey your tone but do not overdo or overuse them.
- Avoid using vernacular and/or slang language. This could possibly lead to misinterpretation.
- Never make fun of someone's ability to read or write.
- Share tips with other students.
- Keep an "open-mind" and be willing to express even your minority opinion. Minority opinions have to be respected.
- Think and edit before you push the "Send" button.
- Do not hesitate to ask for feedback.
- Using humor is acceptable

## Grading Scale

94 – 100% = A	77 – 79% = C+	60 – 63% = D-
90 – 93% = A-	74 – 76% = C	< 60%
87 – 89% = B+	70 – 73% = C-	
84 – 86% = B	67 – 69% = D+	
80 – 83% = B-	64 – 66% = D	

## Communicating with your Instructor



**EMAIL** is the quickest way to reach me at: [kroth@uwsp.edu](mailto:kroth@uwsp.edu)



**CALL** my office any time (715-346-2276). Leave a voicemail if I do not answer.



**ZOOM (Similar to SKYPE)** is available by request

**Schedule a meeting with me here:** <https://calendly.com/kroth>

## Communicate Clearly

Remember some faculty receive as many as 100 emails per day. Yours should be clear, concise, and professional so that your issues can be responded to effectively. Say hello or have a greeting in the first

line. Use professional language, not text lingo. Include the entire thread of an ongoing email conversation so that I can recall the history of your issue without searching for other emails you have sent. Sign off with your first and last name.

## Attendance

As this class only meets three times, attendance is mandatory. All assignments will only be accepted on the date due regardless of student attendance. Deadlines for work due will not be extended. Refer to the Religious Beliefs Accommodation in this syllabus. Additionally, below are attendance guidelines as outlined by the UWSP registrar:

Attend all your classes regularly. We do not have a system of permitted "cuts." If you decide to drop a class, please do so using myPoint or visit the Enrollment Services Center. Changes in class enrollment will impact your tuition and fee balance, financial aid award and veterans educational benefit. During the first eight days of the regular 16 week term, your instructor will take attendance. If you are not in attendance, you may be dropped from the class. You are responsible for dropping any of your enrolled classes.

- If you must be absent during the term, tell your instructor prior to the class you will miss. If you cannot reach your instructor(s) in an emergency, contact the Dean of Students Office at 715-346-2611 or [DOS@uwsp.edu](mailto:DOS@uwsp.edu).
- If you are dropped from a class due to non-attendance, you may only be reinstated to the class section using the class add process. Reinstatement to the same section or course is not guaranteed. Your instructors will explain their specific attendance policies to be followed at the beginning of each course.
- If you take part in an off-campus trip by an authorized university group such as an athletic team, musical or dramatic organization, or a class, make appropriate arrangements in advance with the instructor of each class you will miss. If you are absent from classes because of emergencies, off-campus trips, illness, or the like, your instructors will give you a reasonable amount of help in making up the work you have missed.
- If you enroll in a course and cannot begin attending until after classes have already started, you must first get permission from the department offering the course. Otherwise, you may be required to drop the course.
- If you do not make satisfactory arrangements with your instructors regarding excessive absences, you may be dismissed. If you are dismissed from a class, you will receive an F in that course. If you are dismissed from the University, you will receive an F in all enrolled courses.

### **Absences due to Military Service**

You will not be penalized for class absence due to unavoidable or legitimate required military obligations, or medical appointments at a VA facility, not to exceed two (2) weeks unless special permission is granted by the instructor. You are responsible for notifying faculty members of such circumstances as far in advance as possible and for providing documentation to the Office of the Dean of Students to verify the reason for the absence. The faculty member is responsible to provide reasonable accommodations or opportunities to make up exams or other course assignments that

have an impact on the course grade. For absences due to being deployed for active duty, please refer to the [Military Call-Up Instructions for Students](#).

## Religious Beliefs Accommodation

It is UW System policy to reasonably accommodate your sincerely held religious beliefs with respect to all examinations and other academic requirements.

You will be permitted to make up an exam or other academic requirement at another time or by an alternative method, without any prejudicial effect, if:

- There is a scheduling conflict between your sincerely held religious beliefs and taking the exam or meeting the academic requirements; and
- You have notified your instructor within the first three weeks of the beginning of classes (first week of summer or interim courses) of the specific days or dates that you will request relief from an examination or academic requirement.
- Your instructor will accept the sincerity of your religious beliefs at face value and keep your request confidential.
- Your instructor will schedule a make-up exam or requirement before or after the regularly scheduled exam or requirement.
- You may file any complaints regarding compliance with this policy in the Equity and Affirmative Action Office.

## Equal Access for Students with Disabilities

UW-Stevens Point will modify academic program requirements as necessary to ensure that they do not discriminate against qualified applicants or students with disabilities. The modifications should not affect the substance of educational programs or compromise academic standards; nor should they intrude upon academic freedom. Examinations or other procedures used for evaluating students' academic achievements may be adapted. The results of such evaluation must demonstrate the student's achievement in the academic activity, rather than describe his/her disability.

*If modifications are required due to a disability, please inform the instructor and contact the Disability and Assistive Technology Center to complete an Accommodations Request form. Phone: 346-3365 or Room 609 Albertson Hall.*

## Help Resources

Tutoring	Advising	Safety and General Support	Health
Tutoring and Learning Center helps with Study Skills, Writing, Technology, Math, & Science. 018 Albertson Hall, ext 3568	Academic and Career Advising Center, 320 Albertson Hall, ext 3226	Dean of Students Office, 212 Old Main, ext. 2611	Counseling Center, Delzell Hall, ext. 3553. Health Care, Delzell Hall, ext. 4646

## UWSP Service Desk

The Office of Information Technology (IT) provides a Service Desk to assist students with connecting to the Campus Network, virus and spyware removal, file recovery, equipment loan, and computer repair. You can contact the Service Desk via email at [techhelp@uwsp.edu](mailto:techhelp@uwsp.edu) or at (715) 346-4357 (HELP) or visit this [link for more information](#).

## Academic Honesty

### UWSP 14.01 Statement of principles

The board of regents, administrators, faculty, academic staff and students of the University of Wisconsin system believe that academic honesty and integrity are fundamental to the mission of higher education and of the University of Wisconsin system. The university has a responsibility to promote academic honesty and integrity and to develop procedures to deal effectively with instances of academic dishonesty. Students are responsible for the honest completion and representation of their work, for the appropriate citation of sources, and for respect of others' academic endeavors.

### UWSP 14.03 Academic misconduct subject to disciplinary action.

(1) Academic misconduct is an act in which a student:

- (a) Seeks to claim credit for the work or efforts of another without authorization or citation;
- (b) Uses unauthorized materials or fabricated data in any academic exercise;
- (c) Forges or falsifies academic documents or records;
- (d) Intentionally impedes or damages the academic work of others;
- (e) Engages in conduct aimed at making false representation of a student's academic performance;  
or
- (f) Assists other students in any of these acts.

(2) Examples of academic misconduct include, but are not limited to:

- Cheating on an examination
- Collaborating with others in work to be presented, contrary to the stated rules of the course
- Submitting a paper or assignment as one's own work when a part or all of the paper or assignment is the work of another
- Submitting a paper or assignment that contains ideas or research of others without appropriately identifying the sources of those ideas
- Stealing examinations or course materials
- Submitting, if contrary to the rules of a course, work previously presented in another course
- Tampering with the laboratory experiment or computer program of another student
- Knowingly and intentionally assisting another student in any of the above, including assistance in an arrangement whereby any work, classroom performance, examination or other activity is submitted or performed by a person other than the student under whose name the work is submitted or performed.

Students suspected of academic misconduct will be asked to meet with the instructor to discuss the concerns. If academic misconduct is evident, procedures for determining disciplinary sanctions will be followed as outlined in the [University System Administrative Code, Chapter 14](#).

## Confidentiality

Learning requires risk-taking and sharing ideas. Please keep your classmates' ideas and experiences confidential outside the classroom unless permission has been granted to share them.